

NOTICES

OPEN POOL NIGHT FRIDAY
October 16th, 2026 4:30 to 7:30

Bingo every Wednesday at 12:30



Doors open at 10:30
Snack bar available

Café Costa -
Lunches served Monday to Thursday
Call (925) 825-1488

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REMINDERS

New Member Orientation 1st Friday of every month

Friday, October 9, 2026 @1:00
Next orientation
November 6, 2026

CSCC Membership Meeting

November 16, 2026

October Birthday Lunch

Friday, October 23rd, 2026

@ 1:00pm

Next November 13, 2026

Dinner

October 16th, 2026

Doors open at 4:30

DINNER SERVED AT 5:00

Seniors on the

October 2026

GO

Concord Senior Citizens Club

2727 Parkside Cir • Concord, CA 94519 • 925-687-2585 • <https://www.cityofconcord.org/807/Senior-Citizens-Club>

Dates to Remember:

October 9th New Member
orientation

October 8th Closed for Health Fair
(No activities)

October 12th No MOW's will not be
serving lunch

Club will serve lunch at noon \$7

October 16th Oktoberfest dinner

October 23rd Birthday Lunch

October 28th Bingo Costume Contest

Looking for Club members to Volunteer to come
proof read the monthly newsletter.

Thursday October 15th

9:30-11:00

OCTOBER

Octoberfest Dinner Event

Friday October 16th, 2026

Jager Schnitzel, Spaetzle with Mushroom Gravy

Members – \$18	Doors Open at 4:30pm
Non-Members – \$25	Dinner served at 5:00pm

Tickets will be sold on 1st come 1st served
No Refund on Tickets or Drop-in,
You must purchase yours Tickets by
October 12, 2026

Come and join us for dancing with DJ Magic Marcos

Concord Senior Center

Members –18	Doors Open at 4:30pm
Non-Members – 25	Dinner served at 5:00pm



CLUB OFFICERS

President

Phyllis Kauffman

Vice President

Treasurer

Raj Iyer

Director of Operations

Kelly Madge

Director of Marketing

Becky Shelton

Director of Volunteers

Executive Secretary

Karen Castner

Newsletter Team

Printing

Minutemen Press

Distribution & Mailing

Art Watkins

CLUB OFFICE HOURS

Mon–Wed 9:00-3:30pm

Thu 9am–12:30pm

Fri 9am–3pm

IMPORTANT NUMBERS

Senior Club

925-687-2585

Café Costa

925-825-1488

Concord Recreation Office

925-671-3320

Travel Coordinator

925-671-3171



Sending good healthy vibes your way for speedy recovery

Get Well soon!



Eileen Vonk

Cathy Dressler

CONDOLENCES TO:

Family of Arlyss Steven

Family of Robin Nixon

WELCOME

Adams	Angelina
Bryant	Miriam
Cardenas	Dede
Cruz	Victor
Di Maggio	Debbie
Driggers	Debbie
Grossi	Gina
Hammon	Karen
Hansen	Debbie
Hurtado	Angie
Lee	Karen
Mayer	Steven
Morford	Sue
Ong	Melissa
Paschke	Morgan
Pilarski	Adelina
Pratt	Robert
Roach	Susan
Walters	Sharon

Concord Senior Citizen Club (CSCC)

Has orientation on the 1st Friday
of the month.

October 9,2026 at 1pm

Please call the club office to
let us know that you will
attend.

You'll meet with a few Club members.

They will provide information about
everything we have to offer with your
Club membership and answer any
questions.

Existing members are welcome.

Refreshments will be provided.

See you there!

Next orientation will be Friday,

November 6,2026



October 28, 2026

Costume Contest at BINGO

Doors open at 10:30

Wednesday start 12:30

Come Join the Fun Win a Prize

Thank all the Club members who joined us for our
First Grandparents' day breakfast bunch.

The ladies in the
are picture
sitting from
left to right:
**Shirley, Barbara,
Jeanne, Charlotte**
Standing from
left to right:
**Cathy, Cindy,
Punkey**



CONCORD SENIOR CITIZENS CLUB ACTIVITY LIST

ACTIVITY	DAY(S)	TIME	LEADER	PHONE
Ballroom Dancing	1 st 2 nd 4 th 5 th Tuesday	1:30 - 3:30	Paul H/Kat & Paul Li	(925)687-2585
Bingo	Wednesday	12:30 - 3:30	Kelly Madge	(925)687-2585
Bocce	Wednesday/Friday	9:00 - 12:00	Jerry Falgien	(925)405-2003
Book Club	4 th Monday	1::00-2:30pm	Marion Larson	(925)207-9911
Bread Program	Friday	9:00 to 10:30	Becky Shelton	(925)305-7835
Bridge	Tuesday	10:00-12:30	Jim Williams	(925)673-8990
Bunco	Monday	1:00-3:30	Marianne Tannehill	(925)682-4694
Canasta	Wednesday	11:45 –3:45	Nancy Carey	(925)822-3271
Chatter	Friday	9 to 10:30	Becky Shelton	(925)499-0910
Chess (New)	Thursday	1:30 – 3:30	Howard Chiong	(415)290-3039
Cornhole	Thursday	1:00 – 3:00	Steve Ballard	(925)687-2585
Cribbage	Friday	1:00 - 3:00	Nancy Torres	(925)787-7070
Domino Train	Thursday	1:00 -3:30	Pat Abernathy	(510)701-7026
Garden Group	Tuesday	1:00	Kelly Madge	(925)687-2585
Karaoke	Monday/Thursday	9:00 -11:00	Paul Huseh	(925)768-0386
Kelly's Krafts	1 st Thursday	2:00 -3:30	Kelly Madge	(925)687-2585
Lunch Bunch	3 rd Thursday	Noon	Club Office	(925)687-2585
Mahjong	Tuesday/Friday	12:30-3:45	Marion Larson	(925)207-9911
Mary's Creations	3 rd Tuesday	9:00-10:30	Mary Long	(702)631-3577
Men's Group	2 nd & 4 th Friday	1:30 - 3:00	Robert Hajostek	(925)408-6547
Pedro	Tuesday/Friday	12:15 -3:45	Mike Wright	(925)383-6252
Ping Pong	Monday 2 to 3:45	Friday 12:00 - 2:30	Steven Slotsky	(925)253-1626
Pinochle	Tuesday/Friday	9:00 - 12:00	Bob Soldano	(925)825-4631
Poker	Wednesday	10:00 - 2:00	Gene Wallace	(925)228-7074
Pool (Billiards)	Monday/Friday	9:00-3:45	Lori Durchman	(925)381-8069
Quilters Group	Friday	9:00	Pat Abernathy	(510)701-7026
String Ensemble	Monday	1:30-3:30	Jeanine Sims	(925)686-6516
Ukulele Jam Session	Thursday	2:00-3:45	Dianna Duelle	(925)687-2585
Walking Group (New)	Tuesday	9:00 AM	Craig Bradshaw	(925)818-1079
Yarn Club	Friday	9:30-11:30	Missy Gillen	(925)682-0755

OUR Club

ACTIVITIES



Ballroom Dancing



1st, 2nd, 4th & 5th
Tuesday
1:30-3:30pm
Paul Hsueh /Kat &Paul Li
(925) 687-2585

Bingo



Wednesday
12:30-3:30pm
Kelly Madge
(925) 687-2585

Bocce



Wednesday & Friday
9:00am-noon
Jerry Falgien
(925) 405-2003

Book Club



4th Monday
1:00-2:30pm
Marion Larson
(925) 207-9911

Bridge



Tuesday
10:00-12:30
Jim Williams
(925) 673-8990

Bunco



Monday
1:00-3:30pm
Marianne Tannehill
(925) 682-4694

Bread Program



Friday
9:00-10:30am
Becky Shelton
(925) 305-7835

Canasta



Wednesday
11:45am-3:45pm
Nancy Carey
(925) 822-3271

Chatter



Friday
9:00-10:30am
Becky Shelton
(925) 499-0910

Chess



Thursday
1:30-3:30pm
Howard Chiong
(415) 290-3039

Cornhole



Thursday
1:00-3:00pm
Steve Ballard
(925) 687-2585

Cribbage



Friday
1:00-3:00pm
Nancy Torres
(925) 787-7070

Domino



Thursday
1:00-3:30pm
Pat Abernathy
(510) 701-7026

Garden Group



Tuesday
1:00pm
Kelly Madge
(925) 687-2585

Karaoke



Monday & Thursday
9:00am-11:00am
Paul Hsueh
(925) 768-0386

Kelly's Krafts



1st Thursday
2:00-3:30pm
Kelly Madge
(925) 687-2585

Lunch Bunch



3rd Thursday
Noon
Barbara/ Janice
(510)919-8118

Mahjong



Tuesday & Friday
12:30-3:45pm
Marion Larson
(925) 207-9911

Mary's Card Creation



3rd Tuesday
9:00-10:30am
Mary Long
(702) 631-3577

Men's Group



2nd & 4th Friday
1:30-3:00 pm
Robert Hajostek
(925) 408-6547

Pedro



Tuesday & Friday
12:15-3:45pm
Mike Wright
(925) 383-6552

Ping Pong



Monday 2:00-3:45pm
Friday 12:00-2:30 pm
Steve Slotsky

Pinochle



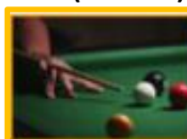
Tuesday & Friday
9:00am-noon
Bob Soldano
(925) 825-4631

Poker



Wednesday
10:00-2:00 pm
Gene Wallace
(925) 228-7074

Pool (Billiards)



Monday to Friday
9:00-3:45pm
Lori Durchman
(925) 381-8069

Quilter's Group



Friday 9:00am
Pat Abernathy
(510) 701-7026

String Ensemble



Monday
1:30-3:30pm
Jeanine Sims
(925) 686-6516

Ukulele Jam Session



Thursday
2:00-3:45pm
(925) 687-2585

Walking Group



Tuesday
9:00am
Craig Bradshaw
(925) 818-1079

Yarn Club



Friday
9:30-11:30am
Missy Gillen
(925) 682-0755

LUNCH BUNCH

The next lunch group event will be held at

The Corner Kitchen 3606 Willow Pass Rd. Concord, CA

We will meet at **12 noon Thursday October 15, 2026**

If you are planning to attend, contact Concord Senior Citizen Club (925)687-2585. We hope to see you soon, as we begin this month luncheon!



HAPPY BIRTHDAY



Aguilar	Armando	9
Ammerman	Eddy	13
Anderson	Larry	5
Atienza	Gregorio	3
Bamberger	Richard	24
Bender	Henry	26
Bhalla	Raj	11
Bianchi	Candace	3
Birsan	Edi	7
Bolanis	George	31
Borges	Judie	29
Boyce	Al	5
Buck	Kim	27
Caesar	Jacqueline	24
Callahan	Linda	16
Canton	Alsida	26
Carrasco	George	6
Chrobot	Barbara	23
Cox	Edwin	6
Cryderman	Sheli	8
Da Silva	Doris	29
Day	Sandra	27
Domingo	Priscilla	24
Edwards	Jean	7
Escreno	Joann	8
Fernandez	Rosemarie	1
Fuller	Ruth	28
Gilley	Louise	4
Giron	Gladys	23
Gordon	Jacqui	1
Graham	Christina	7
Guerin	Amy	4
Hajostek	Robert	18
Hamai	Richard	23
Harcourt	Jody	7
Hastings	Charlene	13
Henoch	Cary	19
Holz	Charles	7
Hume	Nancy	20
Hunt	Carl	9
Hwang	Maggie	15
Iyer	Raj	30
Janci	Marie	18
Jardin	Joy	26
Johnson	Cindy	3
Johnson	Don	29
Johnson	Elizabeth Ann	17
Johnson Sr	Edwin	21
Jones	Erlinda	7
Jordan	Evanne	4
Karrer	Shirley	10
Keller	Steve	4
Kirschner	John	16
Kobayashi	Mary	20
Lahey	Jerome	4
Lang	Michelle	18
Le Croy	Donna	9
Leffner	Marietta	17
Lemieux	Miki	9
Low	Beng	28
Luttringer	Ron	9

Birthday Lunch

Our next Lunch for our honored guests will be

October 23, 2026 Lunch is served at 1:00pm.

Reservations must be made by 4pm on

Monday, October 19, 2026

Birthday member is free

A guest \$7

Everyone is invited to our Birthday lunch, whether it is your birthday or not.

IF YOU ARE NOT ABLE TO HONOR YOUR

RESERVATION

PLEASE CALL 925-687-2585 TO CANCEL!

Birthday Menu:

Spaghetti with Meat Sauce
Salad

OVER 90		
Alvarez	Norma	22
Clark	Beryl	13
Cox	Norman	30
Douglas	Mitzi	10
Hoffmeister	Georgia	26
Knecht	Rosemary	31
Larson	Marion	25
Lee	Donald	30
Martin	Georgia	6
Nunes	Anthony	2
Ramirez	Amelia	28
Roush	Joy	13
Tannehill	Marianne	1
Tittjung	Georgina	6
Watson	Beryl	31
Wood	Curtis	4
Yuan	Hui Hai	12

Manassis	Georgia	25
Marcic	Dean	27
Mariboho	Gina	18
Mariboho	Keith	15
Marshall	Anne	4
Martin	Pamela	18
Meyers	Doug	17
Miller	Gloria	29
Molavi Tabrizi	Hossein	21
Moncayo	Rocio	14
Morehead	Peggy	20
Morse	Barbara	6
Mullins	Kevin	25
Munoz	Francisco	4
Naeem	Rukhsana	29
Nash	Barbara	10
Norman	Mary	14
Olague	Wanda	10
Olson	Mike	22
Patwardhan	Kalpana	28
Peterson	Richard	11
Qi	Lili	13
Reed	Ronald	10
Reynolds	Jimmy	30
Roth	Cliff	21
Ruvalcaba	Maria	11
Saenz	Julia	6
Sakofsky	Carl	1
Schneider	Mary	31
Schoevaars	Shirley	2
Schulze	Betty	21
Sellby	Lori	11
Sexauer	Wolf	11
Shellhammer	Martin	2
Simmons Sr	Ralph	30
Sims	Jeanine	7
Singh	Sawarnt	19
Small	Una	7
Soldano	Althea	11
Styles	Lauren	10
Styles	Elizabeth	22
Sullivan	Jill	20
Swedberg	Rena	15
Thome	Connie	4
Thompson	Craig	18
Tryon	Claire	4
Valenzuela	Roberta	12
Verduzco	Su Fang	19
Viano	Sharon	19
Waddell	Mary	19
Walsh	Michael	27
West	Kay	5
Whittaker	Martha	16
Whitworth	William	30
Wieger	William	12
Wilson	Patricia	11
Wright	Michael	4
Wydogen	Jacki	9
Yee	Warren	7
Yoh	John	9
Zucchetto	Elisa	11



Serving the Plate Hot

Honey Carrots

Prep/cook time 3 minutes
Serves 1

7 baby carrots
1 teaspoon butter
1 teaspoon honey
Salt and black pepper

Put the carrots, butter, honey, and salt and pepper to taste in a large mug. Microwave on high for 2 minutes.

Stir well, then microwave on high for 1 minute more, or until the carrots are just tender.

Allow to stand for 1 minute before serving.

Mac n Cheese

Prep/cook time 4 minutes 40 seconds
Serves 1

1/2 cup elbow noodles
1/2 cup water
1/8 teaspoon chicken bouillon
1/3 cup cheese
2 tablespoon milk or heavy whipping cream
1 tablespoon butter

Put elbow noodles, water, chicken bouillon in a large mug. Make sure water covers noodles. Microwave for four minutes.

Add 2 tablespoons heavy whipping cream, or 2 tablespoons of milk + 1 tablespoon of butter. Add 1/3 cup of cheese. Stir.

Microwave for 40 seconds. Stir well.

Popcorn Snack

Prep /cook time 2 minutes

Serves 1

2 teaspoons oil
2 tablespoons popcorn
Salt or sugar, for sprinkling (optional)

Put the oil and popcorn in large mug. Cover with plastic wrap and pierce with knife.

Microwave on high for 1 minute, remove from the microwave and shake the mug.

Return to the microwave and cook on high for 1 minute. Allow to stand for 1 minute.

To make cocoa and marshmallow popcorn: prepare basic popcorn recipe, add 1 tablespoon hot cocoa mix and 2 tablespoon mini marshmallows, stir well.

To make spiced smoked paprika popcorn: prepare basic popcorn Mix 1 teaspoon smoked paprika, 1/2 teaspoon ground cumin, 1/2 teaspoon black pepper and pinch salt together. Sprinkle the spices mixture over the warm popcorn and drizzle with 1 teaspoon olive oil. Cover the mug and shake it well so all the popcorn is well coated. Serve immediately.

Serving the Plate Hot is introducing three microwave mug recipes to try.

Easy recipes to serve on the side with Roast Chicken, BBQ Ribs, Pork Chops, Steak, etc.

Share your pictures of your plate, we would love to feature them in the newsletter.

We are looking for easy Holiday family Recipes we can highlight in the future newsletters.

Let us know what you would like to see!

Concord Senior Citizen Club 925-687-2585
Deliver recipes to Concord Senior Citizen Club Office before November 1st, 2026.

Recipes are made with 1000-watt microwave. Microwave ovens vary, so you will need to adjust the cooking times accordingly. Mugs will be hot when removed from the microwave, so use oven mitts or a kitchen towels and be careful when handling them.

October

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Book Club 4th Monday 1:00-2:30 Marion Larson (925)207-9911			1 Chess 1:30-2:30pm Cornhole 1pm-3pm Domino 1-3:30pm Karaoke 9-11am Pool 9am-3:45pm	2 Bread Program 9am Bocce 9am-noon Chatter 9-10:30am Cribbage 1-3pm Mahjong 12:30-4pm Pedro 12:15-4pm Ping Pong 12-2:30pm Pinochle 9-noon Pool 9-4pm Quilter's Group 9am Yarn Club 9:30-11:30am	3
4	5 Bunco 1-3:30pm Karaoke 9-11am Ping Pong 2-3:45pm Pool 9am-3:45pm String Ensemble 1:30-	6 Ballroom dance 1:30-3:30pm Bridge 10am-12:30pm Garden Group 1pm Mahjong 12:30-4 pm Pinochle 9am-12pm Pedro 12:15-4pm Pool 9am-3:45pm Walking group – 9 am	7 Bingo 12:30-3:30pm Bocce 9am-noon Canasta 11:45am-3:45pm Poker 10am-2pm Pool 9am-3:45pm	8 New Members Orientation 1pm Chess 1:30-2:30pm Cornhole 1-3pm Domino 1-3:30pm Karaoke 9-11am Pool 9am-3:45pm	9 Bread Program 9am Bocce 9am-noon Chatter 9-10:30am Cribbage 1-3pm Mahjong 12:30-4pm Men's Group 1:30-3:30 pm Pedro 12:15-4pm Ping Pong 12-2:30pm Pinochle 9am-noon Pool 9am-3:45pm Quilter's Group 9am Yarn Club 9:30-11:30am	10
11	12 Club Lunch Meatloaf, Potatoes Green beans, salad noon \$7.00 Bunco 1-3:30pm Karaoke 9-11am Ping Pong 2-3:45pm Pool 9am-3:45pm String Ensemble 1:30-3:30pm	13 Ballroom dance 1:30-3:30pm Bridge 10am-12:30pm Garden Group 1pm Mahjong 12:30-3:45 pm Pinochle 9am-12pm Pedro 12:15-4pm Pool 9am-3:45pm Walking group – 9am	14 Bingo 12:30-3:30pm Bocce 9am-noon Canasta 11:45-3:45pm Poker 10am-2pm Pool 9am-3:45pm	15 Lunch bunch Corner Kitchen 3606 willow pass Rd noon Chess 1:30-2:30pm Cornhole 1-3pm Domino 1-3:30pm Lunch Bunch noon Karaoke 9-11am Pool 9am-3:45pm	16 Dinner Door Open at 4:30pm Dinner served 5pm Bread Program 9am Bocce 9am-noon Chatter 9-10:30am Cribbage 1-3pm Mahjong 12:30-4pm Pedro 12:15-4pm Ping Pong 12-2:30pm Pinochle 9am-noon Pool 9am-3:45pm Quilter's Group 9am Yarn Club 9:30-11:30am	17
18	19 Bunco 1-3:30pm Karaoke 9-11am Ping Pong 2-3:45pm Pool 9am-3:45pm String Ensemble 1:30-3:30pm	20 Bridge 10-12:30pm Garden Group 1pm Mahjong 12:30-3:45 pm Mary's Card Creations 9am-10am Pinochle 9am-noon Pedro 12:15-3:45pm Pool 9am-3:45pm Walking group – 9am	21 Bingo 12:30-3:30pm Bocce 9am-noon Canasta 11:45-3:45pm Poker 10am-2pm Pool 9am-3:45pm	22 Chess 1:30-2:30pm Cornhole 1-3pm Domino 1-3:30pm Karaoke 9-11am Pool 9am-3:45pm	23 Birthday Lunch 1pm Bread Program 9am Bocce 9am-noon Chatter 9-10:30am Cribbage 1-3pm Mahjong 12:30-4pm Pedro 12:15-4pm Ping Pong 12-2:30pm Pinochle 9am-noon Pool 9am-3:45pm Quilter's Group 9am Yarn Club 9:30-11:30am	24
25	26 Book Club 1:15-2:15pm Bunco 1-3:30pm Karaoke 9-11am Ping Pong 2-3:45pm Pool 9am-3:45pm String Ensemble 1:30-3:30pm	27 Ballroom Dance 1:30-3:30pm Bridge 10am-12:30pm Garden Group 1pm Mahjong 12:30-4 pm Pinochle 9am-noon Pedro 12:15-3:45pm Pool 9am-3:45pm Walking group – 9am	28 Bingo Costume Contest Doors open at 10:30am Bingo 12:30-3:30pm Bocce 9am-12pm Canasta 11:45-3:45pm Poker 10am-2pm Pool 9am-3:45pm	29 Chess 1:30-2:30pm Cornhole 1-3pm Domino 1-3:30pm Karaoke 9-11am Pool 9am-3:45pm	30 Bread Program 9am Bocce 9am-noon Chatter 9-10:30am Cribbage 1-3pm Mahjong 12:30-4pm Pedro 12:15-4pm Ping Pong 12-2:30pm Pinochle 9am-noon Pool 9am-3:45pm Quilter's Group 9am Yarn Club 9:30-11:30am	31

Notes:



Don't Grow Old: Make the Best of the Rest

Presenter: Dr. Leonard Chuck

Is growing old inevitable, or can we influence how we age? Explore what science tells us about the aging process and discover strategies that may help slow physical, mental, and attitudinal decline. Learn whether it's possible to extend not just our years, but our vitality, perhaps even becoming what researchers call "Super Agers."

Thursday, August 27 • 6:30-7:30p.m. • 126911

Social Security 101: Retirement and Medicare

Presenter: Social Security Administration

Attendees will receive information regarding Social Security benefits-including Retirement, Auxiliary, Survivors and Medicare benefits. The presenter will also share available online tools and resources, including creating a mySSA account and highlight scam awareness.

Thursday, September 10 • 10-11a.m. • 126868

Welcome to Medicare

Presenter: Health Insurance Counseling and Advocacy Program (HICAP)

Turning 65 this year? This year, next year? Do you have questions about Medicare? Health Insurance Counseling and Advocacy Program (HICAP) has the answers. This free class will answer questions about Medicare benefits, prescription coverage, Medicare Advantage plans, Medigap insurance, retiree insurance, and when to enroll. No insurance products sold or endorsed.

Monday, September 14 • 9:30-11a.m. • 126989

Safeguarding Your Assets from Scams and Identity Theft

Presenter: Contra Costa Senior Legal Services

Learn how to identify and prevent various forms of fraud, including identity theft and become familiar with effective strategies to protect yourself and understand the appropriate channels for reporting scammers.

Thursday, September 24 • 10-11a.m. • 126862

Concord Talks are FREE educational seminars by various speakers who present information on a wide variety of topics to provide valuable information as it pertains to senior services and resources.

Pre-registration is required at least two days in advance to avoid cancellations. Register online at www.concordreg.org or call 925-671-3320.

**Location: Concord Senior Center, 2727 Parkside Circle
RSVP IN ADVANCE • FREE TO ATTEND!**

Advance Health Care Directives

Presenter: Contra Costa Senior Legal Services

Join Contra Costa Senior Legal Services to learn the importance of having an Advance Healthcare Directives and protect your healthcare wishes and rights. Gain valuable insights to ensure your wishes are honored.

Thursday, October 22 • 10-11a.m. • 126863

Trust and Estate Planning Made Easy

Presenter: Raymond McFalone

This two-day seminar covers Wills, Revocable Living Trusts, Powers of Attorney, Advance Medical Directives and probate avoidance. Have your questions answered by an experienced attorney who will explain how these documents work in a way that is easy to understand.

Thursdays, October 22 & October 29 • 1:30-3:30p.m. • 126860

Medicare: What's New for 2027?

Presenter: Health Insurance Counseling and Advocacy Program (HICAP)

Are you on Medicare and enrolled in a Medicare Advantage plan or prescription drug plan? Is your plan the best plan for your situation in the year to come? Medicare Advantage and drug plans change every year, and these changes will affect you in 2027. This free class will explain how these changes will affect you and assist you in deciding whether and how to make changes. No insurance products sold or endorsed.

Monday, November 2 • 9:30-11a.m. • 126990

Tenants' Rights Presentation

Presenter: Contra Costa Senior Legal Services

Join Contra Costa Senior Legal Services for an informative session on tenants' rights and responsibilities. Learn how to protect yourself in a rental agreement, what steps to take if you're facing eviction (unlawful detainer), and where to find support and legal resources. Empower yourself with the knowledge to stay safe and secure in your home.

Thursday, November 5 • 10-11a.m. • 126864

TREASURES OF SAN FRANCISCO: DE YOUNG & LEGION OF HONOR



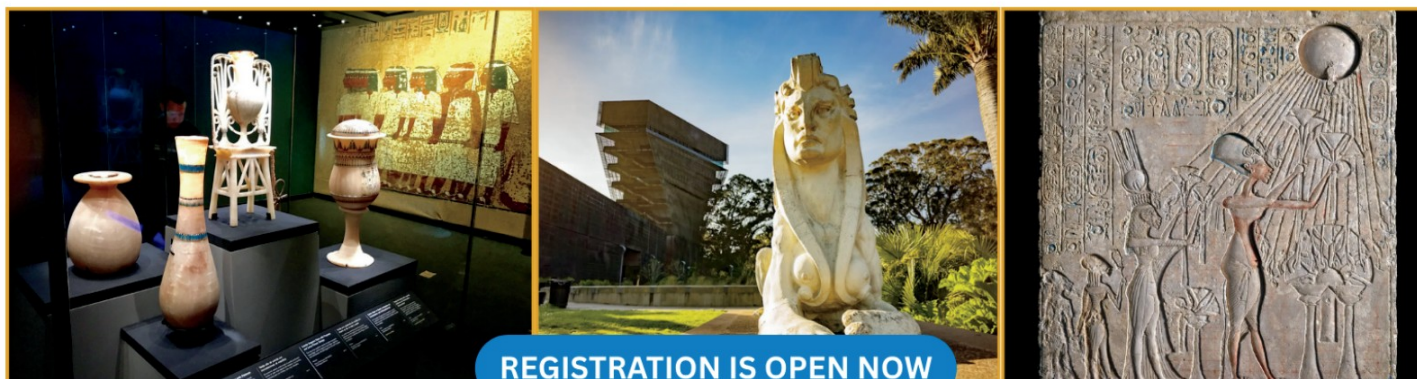
Tuesday, January 5, 2027

TIME: Departure 8:15 a.m. / Approximate Return 6:00 p.m.

COST: Concord Resident: \$114 / Non-Resident: \$125

MULTI-PERSON DISCOUNT: \$2.00 off per passenger when paying together

Experience an unforgettable journey into Ancient Egypt at an exhibition featuring over 130 rare artifacts, including gold jewelry, monumental sculptures, and sacred objects from the "Golden City" of Aten. Discover stories of powerful rulers, gods, and ancient beliefs about death and the afterlife. Join us for a day of history and discovery at the de Young Museum and the Legion of Honor on the same day for self-guided museum exploration.



REGISTRATION IS OPEN NOW

Activity #127144 --- Open to all adults 50 and better regardless of residency

TO REGISTER: Concord Recreation Services at 925-671-3320 or www.concordreg.org

Registration is due by Wednesday, November 4th, 2026

MOBILITY LEVEL: 1 - EASY

Walk at your own pace in the museum. There will be seating throughout both museum locations. Restrooms are ADA accessible.

COST INCLUDES: 56-Passenger Roundtrip Luxury Motorcoach Transportation with Restroom Onboard, Driver Gratuity, Admission to the de Young Museum for the Treasures of the Pharaohs Exhibit, and Admission to the Legion of Honor.



This **free** community event brings together a diverse array of resources, free health screenings, and information for seniors, families, and caregivers.

Free haircuts will be provided by Urban Barber College by appointment only. Call 925-671-3318 to make your appointment.




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<https://www.cityofconcord.org/807/Senior-Citizens-Club>

Concord Senior Citizens Club

2727 Parkside Circle

Concord, CA 94519

Senior Club Office Hours

MON-WED 9am—3:30 pm

THUR 9 am—12:20 pm

FRI 9 am— 3:00 pm

Senior Center Office Hours

For City Activities Registration

Mon-Fri 9 am– 4pm

After hours , sign up online at concordreg.org

Phone Numbers

Senior Club 925-687-2585

Senior Center 925-671-3320

Café Costa 925-825-1488

Travel Desk 925-671-3171

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CURRENT RESIDENT OR

8 THINGS TO DO IN
OCTOBER

1

TAKE A WALK AND ENJOY THE FALL COLORS

2

READ A THRILLING BOOK

3

WATCH YOUR FAVORITE FALL MOVIE

4

TRY A NEW FALL DRINK

5

EAT SOMETHING DELICIOUS

6

CARVE OR PAINT A PUMPKIN

7

MAKE A SCARECROW

8

SPEND TIME WITH PEOPLE YOU LOVE